

A DISCOVERY TO NEW LIFE

认识新生命



after | 之后



before | 之前



Our journey began in June 2012 when my wife was diagnosed with ovarian cancer. We began to realize that whatever food, supplements (multi-vitamins), alkaline water that we were consuming were not right as the whole family was getting bigger and heavier, in addition to the cancer.

I started to do research about my wife's cancer - what causes it, how can it be cured and can we prevent it from happening to our only daughter, as she may inherit some genes. I stumbled upon "a beautiful truth" video in YouTube and believed that if the practice can cure cancer it can actually improve my whole family's health.

We started taking organic fruits and vegetables juice 3 times a day; 2 in the morning and 1 in the evening before going to bed. We noticed improvements in our health and we were slowly losing weight. My weight decreased from 93kg to 85kg in the span of 4 months. However, it was stagnant for one full month until I remembered coffee enema.

We decided to include coffee enema in our daily routine and was searching where we could buy a coffee enema bucket in Singapore. That's how I found NewLife™ and discovered their healthy holistic approach to optimal health and the special nutritional programme for my wife. We then started the mini Detoxification and Rejuvenation Programme (Mini DRP) and I noticed that we continued to lose more weight. My wife's antigen count also decreased from 220 to 110.

Seeing the benefits, we decided to go for the full Dr. Lynn Tan's Detoxification and Rejuvenation Programme (DRP) and did the gallstone flush on the 7th day. Our results were amazing; I had lost a total of 20kg in the span of 10 months and my wife's antigen count dropped to 5. The DRP is really amazing and we feel refreshed, lighter and vibrant. We're very thankful that we found NewLife™.

From now on, we have decided to become healthy lifestyle ambassadors and will enthusiastically share the knowledge and experiences to family, friends and colleagues. We will share with everyone that we have found the ideal healthy lifestyle by doing DRP once or twice a year and follow NewLife™'s Daily Health Maintenance Programme.

2012年我的太太被诊断出患有卵巢癌，那一年起我们也开始了健康之旅。我们首先意识到，我们所吃的食物、所补充的营养品（综合维生素）或所喝的碱性水是不正确的；它不但没让我的家庭成员更健康，反而个个变得更大只、更重，当中一人甚至患了癌症。

我开始积极为我太太的病寻找更多有关的资料，这包括致癌的因素、如何治疗及如何预防，希望癌症不会发生在我们唯一的女儿身上，因为她有可能遗传着致癌基因。后来我偶然在视频网站观看了《美丽真相》，它让我相信如果那些方法能够治愈癌症，那也一定可以改善我家人的健康。

我们开始每天饮用三次的有机蔬果汁；早上两次和晚上睡前一次。慢慢地，我们发现健康有获得改善，体重也下降了。我的体重在四个月内从93公斤减到85公斤。不过后来，这种进展开始停滞不前整整一个月，直到我想起了咖啡灌肠。

我们决定把咖啡灌肠列为日常生活中的一部分，于是积极在新加坡寻觅咖啡灌肠桶的售卖处。这就是后来我如何找到了新生命，认识了他们所提倡主张的整全健康养生法及适合我太太的特殊营养计划。接着，我们开始进行迷你排毒与复健程序（迷你DRP）。我注意到我们的体重下降了，我太太的抗原数也从220下降到110。

体验了这些好处后，我们决定进行全套完整的陈林希珠博士的排毒与复健程序（DRP），并在第七天进行胆结石排除程序。我们取得了意想不到的成绩！我在十个月内一共减去了20公斤，而我太太的抗原数也下降至5。DRP真是太神奇了！我们天天神清气爽，身体变得更轻盈、更有活力。我们非常感恩认识了新生命。

从现在起，我们决定成为新生命的健康生活形象大使；满腔热忱、迫不及待地向家人、朋友和同事分享这些保健知识和个人经验。我们很想与大家分享我们是如何通过每年进行一次或两次的DRP以及平时遵循实践新生命的每日健康维护计划，来找到真正的健康。