



Harmful microorganisms, carcinogenic agents, partially digested foods, metabolic wastes, and toxins can cause hosts of problems in your gastrointestinal (GI) tract. This in turn can lead to poor health and degenerative diseases.

No wonder health experts maintain that:

EARLY DEATH BEGINS IN THE GUT

POISONS IN THE GUT MAY:

- X Weaken and stress the heart
- X Cause skin and facial problems
- X Irritate the lungs and cause bad breath
- X Upset mental function and cause senility
- X Cause pain and stiffness in the joints
- X Cause fatigue and rob you of your youth
- X Cause hosts of other problems like high cholesterol, weight problems, bulging stomachs, liver and kidney problems, cancer, etc.

LONG TRANSIT TIME - CONSTIPATION

According to Professor Arnold Ehret, constipation is the primary cause of 99.9% of our illnesses, including cancer, tuberculosis, diabetes, arthritis, tumours and other so-called 'incurable diseases'. Health specialists including Dr. J. H. Kellogg of Battle Creek Sanitarium maintained that all cancer patients are victims of chronic constipation. But how do we know that we are constipated? Easy! Whenever we fail to eliminate 10-14 hours after each meal, we could be suffering from constipation.

ARE LAXATIVES THE ANSWER?

Commercial laxatives contain irritants that trigger a chain of protective responses. The entire intestinal tract is being stimulated to discharge it quickly from the body. Laxatives expel only the faecal matter without actually cleansing the intestinal tract. Over a period of time the intestine would become sluggish and would depend on laxatives even more.

The inside of a normal, healthy colon



The inside of a clogged, constipated colon



INTERNAL CLEANSING OF YOUR GI

Nature's Gift Herbal Klenz will help you:

- Remove the gluey layers covering the villi of the small intestines, thus enhancing the digestion and absorption of nutrients.
- Ease bowel movements, relieve constipation, and provide daily internal cleansing.
- Remove accumulated encrustations that clog up the colon.
- Reduce both GI toxicity and the absorption of cholesterol, thereby also reducing blood cholesterol levels and helping to lower insulin requirements by establishing proper blood sugar levels after eating.*
- Increase the excretion of bile acids, preventing their accumulation in the GI tract.**
- Bile acids are believed to be one of the risk factors of colon cancer as they can be converted by colonic bacteria into carcinogens if they reside too long in the gut.

* Kies, Constance, Ph.D. Unpublished report, University of Nebraska, Lincoln, 1981.

** Beher, William T. and Casazza, Kathryn I. Proceedings of the Society for Experimental Biological

Let's look at its ingredients:

Psyllium Husks - One of the world's most used herbs universally recognized as a premier dietary fibre. It is bulk forming to clean the colon.

Apple Pectin - Studies on lab animals showed that the numbers of colon tumours were significantly decreased in the group fed with apple pectin. Researchers* also found that apple pectin has the ability to clean out heavy-metal toxicity from the intestinal tract.

* Livshits, O.D. - Chemical Abstracts 28:4 76-77, 1969.

Butcher's Broom - Long framed as a folk medicine, used for years in Europe for treating constipation, kidney stones, urinary tract infections, and various GI problems. In the 1950s, a French scientist discovered that this herb helped reduce inflammation, varicose veins, and haemorrhoids.

Bentonite USP Grade - Known as nature's age-old aid to intestinal detoxification. According to the Canadian Journal of Microbiology (31 [1985], pages 50-53), Bentonite clay was reported to be able to absorb toxins, pathogenic viruses, bacteria and parasites in the intestinal tract and eliminate them from the body.

Cellulose - Improves the peristalsis movement of the colon and decreases the absorption of intestinal toxins.

Studies indicated that the above herbs and fibrous materials do not hinder the absorption of essential nutrients but promote the binding of toxic minerals such as lead, cadmium and mercury, and hasten their excretion.



A HEALTHY INTESTINAL ENVIRONMENT

Friendly bacteria play an important role in the defense of the gut, where they are needed to control other less friendly bacteria; they also defend against those pathogenic or disease producing ones which often invade our body. Friendly bacteria also help in the digestion of food, manufacture essential vitamins, and prevent cancer causing chemicals from forming.

The lack of friendly bacteria in the GI tract may cause constipation, diarrhea, bad breath, indigestion, ineffective assimilation, pimples, lowered immunity and unclear blood, which, in turn, may lead to a host of other problems.

Unfortunately, friendly bacteria are destroyed by stress, poor diets, antibiotics, the absence of bacteria food, as well as other factors.

In order to keep our bodies healthy and immunity strong, it is essential that we supplement our diet with large numbers of the major friendly bacteria of the GI tract, i.e., Lactobacillus Acidophilus and Bifidobacteria, together with the prebiotic Fructo-Oligosaccharides.

NewLife™ Immuflora®

Immuflora® contains the results of a technological breakthrough. It consists of special strains of well protected Lactobacillus Acidophilus and Bifidobacterium Longum that are able to make a safe passage through the stomach acids and emerge intact in the intestines. These strains are compatible with each other and enhance the other's growth.

Immuflora® also contains Fructo-Oligosaccharides, a bacteria food, that is specially derived from millet. It helps to enhance and protect friendly organisms in the GI tract.

The unique blend of these 3 components found in **Immuflora®** synergise together to provide the most conducive intestinal environment with healthy microflora for optimum immune function and overall health.

EACH SACHET CONTAINS:

Bifidobacterium Longum 10 billion viable cells
Lactobacillus Acidophilus 1 billion viable cells
Fructo-Oligosaccharides 200mg
Natural Lemon Flavour



THE NUTRIENTS

VITAMIN C

The benefits of Vitamin C are best summarized by Dr. James Balch (M.D.) and Phyllis Balch (C.N.C.) in their book "Prescription for Nutritional Healing":

Vitamin C is an antioxidant that is required for tissue growth and repair, adrenal gland function, and healthy gums. It protects against the harmful effects of pollution, prevents cancers, protects against infection, and enhances immunity. It may also reduce cholesterol levels and high blood pressure, and prevent atherosclerosis. Essential in the formation of collagen, vitamin C protects against blood clotting and bruising, and promotes the healing of wounds and the production of anti-stress hormones. It also aids in interferon production, and is needed for the metabolism of folic acid, tyrosine, and phenylalanine.

Further, the gastric and intestinal linings are among the most dynamic of all the endothelial tissues of the body. As such, they exhibit an enormous turnover of collagen and related structural proteins. Since vitamin C is essential to the growth and repair of collagen molecules, which are prevalent in all endothelial tissues, it is essential to the health of the GI tract. Additionally, vitamin C is a strong GI antioxidant. Studies on rodents have shown that vitamin C has been able to inhibit colorectal cancer and decrease mutagenicity (the degree or measure of ability to cause mutation) in humans.*

* *Department of Epidemiology and Surveillance Research, American Cancer Society, Atlanta, Georgia.*

BIOFLAVONOIDS

In the book "Bioflavonoids - The Friends and Helpers of Vitamin C in Many Hard-To-Treat Ailments" by Jeffrey Bland, Bioflavonoids are reported purportedly useful in:

- Protection against radiation damage
- Reduction in risk of stroke, atherosclerosis, diabetic cataracts, and ulcer problems
- Decrease in symptoms of menopause, allergies, and asthma
- Increase in protection against arthritis and oral herpes infection
- Protection against destruction of vitamin C, thus guarding capillaries against damage

Nature's Gift C Complex

Each tablet contains 1000mg of vitamin C with mega-potencies of bioflavonoids. The special 100% natural vegetable micro-gel sustained release system provides a 40% better utilization rate than regular tablets.

HONEGAR

-Combination of Apple Cider Vinegar and Honey

Apple Cider Vinegar is known to help digestion and promote bowel movement. Raw honey retards the growth of harmful bacteria and promotes the growth of friendly bacteria. Both are excellent sources of electrolytes for the GI tract as well as valuable enzymes, minerals, and nutrients for the body.

NewLife™ Organic Apple Cider Vinegar (ACV) is made up entirely of natural organic substances. It is untreated and undistilled. It contains no artificial colouring, flavouring, and preservatives. It is a product of New Zealand.

NewLife™ Pure Raw Honey is sourced from New Zealand, which is known for its nuclear-free clean environment. No chemicals or heat are used in extracting the honey to ensure that all enzymes and nutrients remain intact.

* *Department of Epidemiology and Surveillance Research, American Cancer Society, Atlanta, Georgia.*



Modern diets and lifestyles are putting tremendous toxic stress on our body functions and our health. More importantly, our diets and lifestyles have caused an adverse impact on our GI tract. Various toxins produced in the GI tract are absorbed into the blood stream, causing damage to the liver, and subsequently affecting the functions of the brain, nervous system, and other parts of the body.

The major cause of sickness and poor health is related to the care and protection of our GI tract; therefore, it is essential to look into the well-being of our gut.

How to safeguard your GI and protect your body from premature aging and diseases?

GI Health Plus

is the answer!



GI HEALTH PLUS

✓ Guards your GI tract from toxicity ✓ Cleanses and Revitalizes ✓ Increases Immunity

DIRECTIONS FOR USE:

Make **Honegar** by mixing 1 teaspoon each of **ACV** and honey in a glass of water. Mix 1 heaped teaspoon of **Herbal Klenz Powder** into **Honegar**. Follow with another glass of **Honegar**. For first time users, 4 times daily on empty stomach for 2 weeks. Thereafter, 1-2 times daily on empty stomach.

Immuflora® 1 sachet daily.
C Complex 1 tablet daily.

DID YOU KNOW?

An average person carries over 5 pounds of putrid, partially digested food and another 5-10 pounds of foul toxic mucus wastes impacted for years in the folds of the colon.



LET'S HEAR WHAT THESE PEOPLE SAY ABOUT THEIR EXPERIENCES WITH GI HEALTH PLUS:

I purchased a GI Health Plus Pack about a year ago. After taking the pack for a few days, I passed out lots of 'foreign substances' (encrustations). I have also become more energetic and more confident about my health. GI Health Plus saved me a lot of money because I don't have to visit the doctor regularly regarding my flus anymore.

- Evans Beh, Businessman, Kota Kinabalu

On the 3rd day of taking it, I passed out a lot of encrustation with funny shapes that I have never seen before. After a couple of weeks, I found it so good that I lost 3kg. On top of that, I felt very clean.

- Mdm. Foh, Teacher, Ipoh

Before I consumed GI Health Plus, my bowel movement was once every 2-3 days. It made me tired and uncomfortable. After taking it, my bowel movement was restored and now I have once or sometimes twice of bowel movement daily. The stools are getting softer and easier to evacuate.

- Mrs. Yee, Businesswoman, Kuala Lumpur

My wife and I started taking GI Health Plus 2 months ago. I felt so good that I could wake up in the morning without the feeling of lack of sleep. Before that, I felt it was very difficult to wake up from bed and was always tired. Now, I am much better and very energetic.

- Mr. Soh K. P., Businessman, Batu Pahat



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