



LIVERI 肝脏宝

The 6th Essential 第六项要素 **Liver Protection & Support**

保护及促进肝脏健康

Meat eaten at breakfast will initiate a complex of chemical reactions in the liver. Bile from the liver helps to digest the animal fat.

Every second, three million red blood cells die and must be disposed of. The spleen breaks them down, while the liver helps to salvage the useful component parts in order to build new blood cells.

If you have a cut, you would bleed to death - were it not for the liver, which produces the fibrinogen and prothrombin that clot blood. The liver also produces antibodies that fight viral and bacterial infections.

The amount of hazardous chemicals in our polluted environment and in our processed food would poison us, were it not for the liver that detoxifies and renders them less harmful to the body.

The liver is an inexhaustible store of essential vitamins, proteins, minerals, and sugar. It also handles most of our energy needs.

When you experience any negative or excessive emotions (like anger, fear, etc.), complex mixtures of hormones are produced. The liver helps to process these hormones before they can be neutralised and eliminated. Otherwise, these chemicals will be stored in the liver for months or even years, adding fuel to emotional imbalances such as depression, anger or a suppressed immune system.

THE LIVER PERFORMS MORE THAN 500 FUNCTIONS - it is also an integrated arsenal of our system of defences

Sluggish Liver

With the billions of activities and functions going on in the liver, it can be hard to spot any malfunctions that aren't major enough to be chronic issues. Common symptoms of poor liver health may include: headaches, fatigue, hormonal imbalance, constipation, aches and pains, skin conditions, and allergies. These symptoms could be a sign of having a "sluggish liver", which could go by undetected in liver enzyme tests.

Liver Diseases

Liver functions can be impaired by severe liver disease, most commonly caused by infections (such as viral hepatitis), alcohol, drugs (recreational and medical), prolonged stress, improper diet, or accumulated poisons due to chemicals in foods and environment. Common liver diseases include fatty liver, hepatitis, and the failure of the liver to secrete bile because of gallbladder stones.

Liver protection and support using natural herbs.

Liver health is of utmost importance to the health of the entire body, and must not be ignored. Many natural herbs possess properties that are able to protect and enhance liver function. These herbs are also able to rebuild liver cells and stimulate the elimination of bile from the liver. Clearing bile from the liver helps to decongest the organ, which is not only important to the health of the liver, but also to the well being of the whole body. The liver herbs most widely used by herbalists around the world are:

神奇的肝脏

早餐食用肉类将启动肝脏里的复杂化学反应。肝脏的 胆汁会帮助消化动物脂肪。

每一秒钟,300万的红血细胞死亡并必须处理掉。脾 脏将它们分裂,而肝脏则挽救有用的组成份子,以建 立新的血细胞。

如果您被割伤, 您会因为流血不止而丧失性命 - 因为肝 脏所生产的纤维蛋白原和凝血酶原可以凝结血液,生命 才得以保存。肝脏也产生抗体以对抗病毒和细菌感染。

污染环境里存有的危险化学品和我们日常所食用的加 工食品都会毒害我们,因为肝脏的存在,它能排毒并 降低有害物质对身体的侵害。

肝脏是人体所需的维生素,蛋白质,矿物质,糖分, 取之不尽的仓库。它也提供大部分的能源需求。

当您遇到任何负面或高涨情绪(如愤怒,恐惧等); 复杂混合的激素将产生。在它们还未被中和和消除之 前, 肝脏会协助处理这些激素。不然的话, 这些化学 物质将被储存在肝脏里数月或多年,雪上加霜地以致 情感失衡, 如抑郁, 愤怒或抑制免疫系统。

肝脏进行超过500项功能 - 它也是我们防御系统的一 个完整兵工厂

肝脏呆滞

随着肝脏拥有数十亿的活动和功能在完成着,它可能 很难被发现导致慢性问题的发生的任何故障。肝脏健 康状况不佳的常见症状包括:头痛,疲劳,荷尔蒙分 泌失调, 便秘, 疼痛, 皮肤问题及过敏。这些可能是 一种"肝脏呆滞"的症状,这或许未能在肝酶试验中 被发现。

肝脏疾病

严重的肝脏疾病会导致肝功能受损,最常见的是感染 (如病毒性肝炎),酒精,药物(娱性和医疗),长 时间的压力,饮食不当,或食品和环境中的化学品所 积累的毒素。常见的肝脏疾病,包括脂肪肝,肝炎, 并因为胆囊结石导致肝脏胆汁分泌衰竭。

使用天然草药保护及促进肝脏健康。

肝脏的健康对于整个身体的健康是非常重要的,并不 容忽视。许多天然草药拥有能够保护和增强肝功能的 特性。这些草药也能够重建肝细胞和刺激从肝脏消除 的胆汁。清除肝脏的胆汁有助于疏缓压力的器官,这 不仅对肝脏的健康很重要,对整体健康也相当重要。 在世界各地最广泛被使用于肝脏的草药包括:

水飞蓟(籽)提取物

早在2000多年前,水飞蓟籽便是众所周知能提升肝

Milk Thistle (seed) Extract

As far back as 2000 years ago, milk thistle (Silybum marianum) seeds were well known to improve liver health. Discovery of the bioflavonoid complex silymarin with potent antioxidant properties, which is the active component of milk thistle, has led to the development of highly concentrated extracts that are standardized to 80% silymarin. Studies have shown that milk thistle aids in the cleansing of toxins, regeneration of damaged liver tissues, stimulation of bile production, and improved digestion.

Dandelion Root

This humble weed is a liver tonic that has been celebrated through the ages. Dandelion root promotes bile flow from the liver, and is frequently used by herbalists to help combat fatty liver, cirrhosis, estrogen dominance, as well as acne breakouts.

Artichoke Extract

The boost in bile production you get from consuming artichokes can be credited to cynarin, which can be really helpful to the health of your liver, gallbladder, and your digestive system. The bile that your liver produces assists to eliminate harmful contaminants and absorb fats. Artichokes also consist of the flavonoid silymarin, an effective liver protectant. Silymarin averts the process of lipid peroxidation from taking place in the cell membranes of the tissues of the liver, making the artichoke a perfect weapon in your toolbox to assist you in obtaining optimum liver function.

Burdock Root

It promotes bile flow while assisting a weakened liver by cleansing the blood and restoring damaged cells.

· Celery (seed) Extract

Many food and drub products are precursors to metabolites that cause direct damage to liver cells. The liver as an organ becomes progressively inadequate in containing the damage as we age. There is growing scientific evidence dedicated to the hepatoprotective properties of celery seed extract, which promote liver function and raise the ability of the liver to resist harmful metabolites.

The Liverin Advantage:

With 80% Silymarin, Liverin is an ideal blend of herbs - Milk Thistle (Seed) Extract, Dandelion, Artichoke Extract, Burdock, and Celery (Seed) Extract. It is produced using vegecaps and is suitable for vegans. It also contains no synthetic ingredients, no animal ingredients, and is all-natural and chemical-free. At NewLife™ we stand by our commitment to developing products that are pure, natural, and effective for improving your health!

Key Features of Liverin:

- · Rebuilds liver cells and removes toxins.
- Powerful anti-oxidant and anti-inflammatory effects.
- Repairs liver damage caused by medication, excessive alcohol consumption, as well as the effects of pollutants found in the environment.
- Stimulates the liver to increase bile flow, which carries away waste and breaks down fats during digestion.
- · Liverin contains a proprietary blend of herbs at the right potencies, which work synergistically to combat free radicals and oxidative stress, thus preventing the onset of many degenerative and age-related disease.

Who should consider Liverin?

- Those that are often tired and lack energy.
- Those who suffer from chronic and degenerative diseases.
- Those who are overweight.
- Those who consume alcohol, recreational drugs, or medications.
- Those that live a stressful lifestyle emotional, mental, or physical.
- Those who suffer from IBS or other digestive problems.
- Those who are suffering from symptoms of hormonal imbalance like PMS, breast cancer, uterine cancer, etc.
- Those that are on estrogen therapy.
- Those with liver problems, etc.



帮助清除毒素,受损的肝组织的再生、刺激胆汁分泌 ,并且改善消化系统。

蒲公英根

这个不起眼的杂草实际上已拥有多年为肝脏进补的历 史。蒲公英根能促进肝胆汁的流量,而且中医师经常 提取其来帮助战斗脂肪肝、肝硬化、雌激素及粉刺。

• 朝鲜蓟提取物

摄取朝鲜蓟中的洋蓟酸能令胆汁分泌产生,帮助您的肝 脏、胆囊和消化系统的健康。您肝脏产生的胆汁能消除 有害的污染物以及吸收脂肪。朝鲜蓟也含有能有效保护 肝脏的水飞蓟素类黄酮,它能避免肝脏组织的细胞膜 出现脂质过氧化的情况,使肝功能发挥到最佳状态。

它促进胆汁流量,同时通过净化血液,恢复损坏的细 胞以协助削弱的肝脏。

• 芹菜(籽)提取物

大量的食品和药物会对肝细胞造成直接的损害。随着 年龄增长,肝脏最终会被损害而逐渐变得不足。许多 科学文献证明,芹菜(籽)提取物能促进肝功能以及 提高肝脏抵抗有害代谢物的能力。

肝脏宝的优势:

拥有80%的水飞蓟素,肝脏宝是一个理想的混合草 药-水飞蓟(籽)提取物,蒲公英,朝鲜蓟提取物, 牛蒡, 芹菜 (籽) 提取物。它以植物胶囊方式呈现, 并适合素食者食用。它不含人工合成成分,无动物成 分,全天然并不含化学品。在新生命,我们坚守我们 的承诺,研发纯净,天然,有效改善您健康的产品!

肝脏宝的主要特点:

- 重新构建肝细胞并去除毒素。
- 拥有强大的抗氧化和抗炎作用。
- 修复因药物、过量饮酒,以及环境中污染物影响 的肝脏损害。
- 刺激肝脏以增加胆汁流量,在消化过程中清除废 物和分解脂肪。
- 肝脏宝拥有所有合适效力的混合草药, 协手合作 以对抗自由基和氧化应激,从而预防许多退化和 与年龄有关的疾病的发作。

谁应该食用肝脏宝?

- 经常疲倦和缺乏精力 - 患有慢性和退行性疾病 - 超 重 - 饮酒, 嗑药, 或药物 - 过着紧张的生活习惯 -情感,心理或生理 - 患有肠易激综合征或面对其他消 化问题 - 拥有荷尔蒙失调症状, 如经前综合症, 乳腺 癌,子宫癌等 - 正在接受雌激素治疗 - 有肝脏问题等