



Dr. Lynn Tan's  
**7-Day**  
DETOXIFICATION  
& REJUVENATION  
PROGRAMME  
陈林希珠博士的七天排毒与复健程序

This programme is based upon two key principles of natural healing.  
此程序是根据自然疗法的两大基本原则：

- 1 Our body is so wonderfully made by God, that it is self-healing, self-repairing and self-rejuvenating.  
人体乃由上帝所造，可自行愈合、修复和更新复壮。
- 2 The root causes of diseases are toxemia and nutritional deficiencies.  
疾病的根源是由毒血症和营养缺乏所致。

Dr. Lynn Tan (N.D.)  
陈林希珠博士 (荣誉自然疗法医师)

# Prostate Cancer: from Stage 4 to Undetectable!

## 前列腺癌： 从第四期至无法检测出！



In July 2017, I was diagnosed with prostate cancer. My PSA (Prostate-Specific Antigen) at that time was almost 40 (most doctors would consider PSA levels of 4.0 ng/mL and lower as normal). I went to the National Cancer Centre in Singapore (NCCS) for a second test, which confirmed it as "stage 4".

The doctor in Singapore proposed for six sessions of chemotherapy and one injection of hormone therapy every three months. Since I had already registered for the NewLife™ Health Retreat in August 2017, I asked to start in September 2017. In August 2017, I went to the retreat in Kasih Sayang Health Resort, then after that I was scheduled to do the first session of chemo. My blood was tested and the PSA had gone down from 40 to around 3. I didn't want to do the chemo anymore but due to family influence and also because it was stage 4, meaning the cancer cells were also in my blood, therefore I agreed to continue the remaining chemo sessions with an interval of three weeks each and one injection of hormone therapy every three months. During the same period of time, I still followed the Detoxification & Rejuvenation Programme (DRP) and took regularly, at home, all the supplements that Dr. Lynn had prescribed to me. I completed the chemo at the end of December 2017. By that time my PSA was down to about 0.1.

Every 12-weeks I have to get a medical check-up and one injection of hormone therapy at the NCCS, while still following the DRP very strictly. For 3 consecutive check-ups up to the most recent one at the end of October 2018, the results have been consistently showing what is called "undetectable". This means my PSA had gone down to below 0.03. I am very happy and I will continue to follow the DRP.

**Nguyen-Dang Thinh**  
A Swiss citizen  
14 January, 2019

2017年7月，我被诊断出患上了前列腺癌。当时我的前列腺特异性抗原（PSA）高达40（大多数医生视PSA的正常值一般要少过4.0ng/ml）。我去了新加坡国立癌症中心（NCCS）做了第二次检查，结果确诊是“第四期”。

新加坡的医生建议我进行六次化疗和每3个月接受一次激素注射。由于在之前我已报名要参加2017年8月的新生命健康养生营，因此我要求在9月才开始进行化疗。2017年8月我按照原先计划前往Kasih Sayang度假村参与健康养生营。养生营结束后我才开始第一次的化疗。之后验血报告显示我的PSA已从40降到3左右。当时的我本不想再继续化疗，但由于我的癌症属于第四期，血液中有癌细胞，经家人的影响下，我同意继续完成剩下的5次化疗（每3个星期一次）及激素注射（每3个月一次）。在这段期间，我仍继续进行新生命的排毒与复健程序（DRP）及摄取所有由陈林希珠博士所指定的保健产品。这样的情形持续至2017年12月，在当时，我的PSA已跌到0.1。

化疗结束后，每隔12个星期，我都必需去NCCS做身体检查及接受激素注射。在这段时间，我仍坚持和严谨进行DRP。结果接下来连续三次的身体检查直至最近在2018年10月尾的一次，都一致显示已检测不出癌细胞。换句话说，我的PSA已跌至0.03以下。我心中的喜悦是非笔墨所能形容的，我绝对会坚持继续进行DRP。

**阮当盛（译音）**  
瑞士公民  
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