

LIVERIN FAQ

肝脏宝常见问题解答



1 Why is Liverin important and what does it do?

Liverin is an essential supplement because the liver is one of the body's most important organs. When liver function is compromised, overall health can be affected. Liverin combines time-tested herbal liver tonics to support deep cleansing, protection, and optimal functioning of the liver.

2 What is unique about the Liverin formulation?

Liverin is a proprietary blend of five traditional herbs: milk thistle seed extract (80% silymarin), artichoke extract, burdock root, dandelion root and celery seed extract. These herbs have been traditionally used to support liver health. Developed through extensive research, Liverin was formulated by Dr. Lynn Tan as a comprehensive daily liver support supplement.

3 What is silymarin and how does it benefit the liver?

Silymarin is a flavonoid with antioxidant properties found in milk thistle seed extract and artichoke extract. It helps protect liver cells from oxidative stress, including lipid peroxidation caused by free radicals. This is important because the liver contains a high concentration of lipids and plays a key role in metabolism and nutrient storage. Liverin contains milk thistle seed extract standardised to 80% silymarin for high potency support.

4 Why does Liverin use vegecaps instead of tablets?

Vegecaps are suitable for vegetarians and offer better digestibility compared to tablets. They dissolve more easily and do not require binding agents commonly used in tablet formulations.

5 If I do coffee enema daily, do I still need Liverin?

Yes. Liverin is recommended as part of a daily liver support routine. Both approaches can complement each other in supporting liver function and antioxidant activity. Liverin also provides targeted herbal support and antioxidants to help combat free radical stress.

6 What is the recommended dosage?

The recommended dosage is one capsule, three times daily, taken with or after meals.

7 How does Liverin compare to other liver supplements?

NewLife™ Liverin offers a high-potency herbal formulation at a competitive cost per dose.

It is:

- all-natural
- free from animal-derived ingredients
- standardised for active compounds

Unlike many products that contain low doses or limited ingredients, Liverin provides a comprehensive herbal blend designed for effectiveness.

8 Where is Liverin manufactured?

Liverin is a proprietary NewLife™ formulation manufactured in the USA.

9 If my liver function is normal, do I still need Liverin?

Yes. Even a healthy liver faces daily stress from processed foods, alcohol, medications, chronic stress, and late nights. Over time, this can affect how you feel day to day. Liverin helps support the liver's natural detoxification and metabolic functions, which may help the body better manage common symptoms such as fatigue, bloating, skin issues and low energy.

1 为什么需要肝脏宝?

肝脏是人体核心代谢与解毒器官。功能下降会直接影响精力、消化、皮肤、免疫力等整体健康。肝脏宝结合了经过长期验证的草本护肝成分，支持肝脏清洁、防护与高效运作。

2 肝脏宝的配方有何特别?

独家五种传统护肝草本：水飞蓟籽提取物（80%水飞蓟素）、洋蓟提取物、牛蒡根、蒲公英根、芹菜籽提取物。由陈林希珠博士研发，专为日常长效护肝设计的日常肝脏全面支持补充剂。

3 水飞蓟素是什么？对肝脏有什么帮助？

水飞蓟素是强效抗氧化黄酮，主要来自水飞蓟和洋蓟。它直接保护肝细胞，阻断自由基引发的脂质过氧化，这对富含脂质、高代谢负荷的肝脏尤为关键。肝脏宝采用80%标准化水飞蓟素，确保活性与效力。

4 为什么肝脏宝用植物胶囊？

植物胶囊适合素食者，无动物成分；相比片剂更易消化吸收、更快溶解，无需粘合剂，更温和易耐受。

5 如果我每天做咖啡灌肠，还需要服用肝脏宝吗？

需要。咖啡灌肠主要支持清洁血液与排毒，肝脏宝则专注肝脏细胞修复与抗氧化防御。二者作用互补，协同增强整体解毒能力。

6 如何服用？

每日3次，每次1粒，随餐或餐后服用。

7 肝脏宝和其他护肝产品有何不同？

采用高浓度草本配方，以每剂量价格来算，肝脏宝的性价比非常高。

它具备以下特点：

- 纯天然
 - 不含任何动物源性成分
 - 有效活性成分经过标准化提取
- 与许多剂量偏低或成分有限的产品不同，肝脏宝的功效更全面。

8 肝脏宝在哪里生产？

新生命属配方，美国生产。

9 肝功能正常，还需要服用肝脏宝吗？

需要。现代生活中的加工食品、酒精、药物、压力、熬夜等持续增加肝脏负担。即使指标正常，肝脏宝可帮助预防损伤、提升解毒效率，改善疲劳、痘痘、腹胀、体重难控、易感冒、头痛等亚健康信号。

